



January

Menu is subject to change based upon availability of meat and produce

	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Wheat French Toast w/ Organic Maple Syrup Made with cage free eggs Fresh Organic Fruit Organic Milk	Wheat Toast w/ Butter Yogurt Fresh Organic Fruit Organic Milk	Oatmeal 'Craisin Bars Oatmeal 'Craisins Brown Sugar Agave Organic Egg Whole Wheat Flour Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Mini Bagel Sandwich Mini Bagels Sliced Chicken Sliced Cheese Organic Romaine Mustard Fresh Organic Fruit Organic Milk	Tacos Ground Turkey w/ Taco Seasoning Wheat LaWash Tortilla Shredded Cheddar Cheese Organic Romaine Lettuce Fresh Organic Fruit Organic Milk	Spinach Spaghetti Organic Spaghetti Noodles Organic Spinach Organic Marinara Sauce Parmesan Cheese Fresh Organic Fruit Organic Milk	Cheesy Chicken & Rice Casserole Organic Chicken Brown Rice Heavy Cream Shredded Cheddar Jack Cheese Organic Mixed Vegetables Fresh Organic Fruit Organic Milk	Cheese Mostaccioli Wheat Pasta Organic Marinara Parmesan Cheese Organic Vegetables Fresh Organic Fruit Organic Milk
Afternoon Snack 3PM	Chips & Salsa Organic Tortilla Chips Cheddar Cheese Homemade Salsa Water	Veggies w/ Homemade Dip Water	Crackers Cheese Slices Water	Trail Mix Pretzel Crisps Craisins Cheerios Cheese Slices Water	Veggies w/ Homemade Dip Water
Snack 5PM	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water
	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Pancakes Homemade Whole Wheat Pancake Mix Organic Maple Syrup Fresh Organic Fruit Organic Milk	Mini Bagels w/ Cream Cheese Fresh Organic Fruit Organic Milk	Homemade Oat Bars Old Fashioned Oats Organic Agave Butter, Vanilla Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Sliced Turkey Subs Sliced Turkey Cheese Slices Wheat Mini Sub Bun Mustard Organic Vegetables Fresh Organic Fruits Organic Milk	Sloppy Joes Ground Turkey Homemade BBQ Sauce Organic Vegetables Fresh Organic Fruit Wheat Bun Organic Milk	Chicken Noodle Soup Organic Chicken Organic Chicken Stock Organic Carrots Organic Celery Wheat Pasta Fresh Organic Fruit Wheat Roll Organic Milk	Turkey Stroganoff Wheat Pasta Organic Ground Turkey Greek Yogurt Sour Cream Parmesan Cheese Organic Vegetable Fresh Organic Fruit Organic Milk	Homemade Mac N Cheese Wheat Pasta Organic Butter Heavy Cream Wheat Flour Cheddar Jack & Parmesan Cheeses Organic Vegetable Fresh Organic Fruit Organic Milk
Afternoon Snack 3PM	Veggies w/ Homemade Dip Water	Crackers Cheese Slices Water	Trail Mix Pretzel Crisps Craisins Cheerios Cheese Slices Water	Veggies w/ Homemade Dip Water	Strawberry & Cream Cheese Roll Ups Organic Strawberry Preserves Cream Cheese Rolled up in a Wheat LaWash Tortilla Water
Snack 5PM	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water



Serving a fresh,
Organic Menu