

	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Plum Bars Oatmeal Brown Sugar Wheat Flour & Butter Egg Replacement Prunes Agave Fresh Organic Fruit Organic Milk	Wheat Toast w/ Butter Yogurt Fresh Organic Fruit Organic Milk	Oatmeal 'Craisin Bars Oatmeal 'Craisins Brown Sugar & Agave Organic Butter Egg Replacement Whole Wheat Flour Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Mini Bagel Sandwich Mini Bagels Sliced Turkey Sliced Cheese Organic Romaine Mustard Fresh Organic Fruit Organic Milk	Spinach Spaghetti Organic Spaghetti Noodles Organic Spinach Organic Marinara Sauce Parmesan Cheese Fresh Organic Fruit Organic Milk	Cream of Broccoli Soup Organic Broccoli Onion Heavy Cream Parmesan Cheese Organic Chicken Stock Rice Wheat Roll Fresh Organic Fruit Organic Milk	Chicken Ranch Couscous Organic Chicken Wheat Couscous Organics Peas Homemade Ranch Fresh Organic Fruit Organic Milk	Cheese Mostaccioli Wheat Pasta Organic Marinara Parmesan Cheese Fresh Organic Fruit Organic Vegetables Organic Milk
Afternoon Snack 3PM	Fruit Pinwheels Fresh Organic Fruit Cream Cheese Rolled up in Wheat Tortilla Water	Veggies w/ Homemade Dip Organic Milk	Crackers Cheese Slices Water	Homemade Pickles & Cheese Slices Water	Veggies w/ Homemade Dip Water
Snack 5PM	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water
	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Pancakes Homemade Whole Wheat Pancake Mix Organic Maple Syrup Fresh Organic Fruit Organic Milk	Mini Bagels w/ Cream Cheese Fresh Organic Fruit Organic Milk	Homemade Oat Bars Old Fashioned Oats Organic Agave Organic Butter Vanilla Egg Replacement Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Sliced Turkey Subs Sliced Turkey Cheese Slices Wheat Mini Sub Bun Mustard Organic Vegetables Fresh Organic Fruit Organic Milk	Sloppy Joes Ground Turkey Homemade BBQ Sauce Wheat Bun Organic Vegetables Fresh Organic Fruit Organic Milk	Chicken Noodle Soup Organic Chicken Organic Chicken Stock Organic Carrot & Celery Wheat Pasta Wheat Roll Fresh Organic Fruit Organic Milk	Turkey Stroganoff Ground Turkey Wheat Pasta Greek Yogurt Sour Cream Parmesan Cheese Fresh Organic Fruit Organic Vegetables Organic Milk	Homemade Mac & Cheese Wheat Pasta Organic Butter Heavy Cream Wheat Flour Cheddar Jack & Parmesan Cheese Organic Vegetables Fresh Organic Fruit Organic Milk
Afternoon Snack 3PM	Veggies w/ Homemade Dip Water	Crackers & Cheese Slices Water	Trail Mix & Cheese Slices Cheerios Craisins Pretzel Crisps Water	Veggies w/ Homemade Dip Water	Strawberry & Cream Cheese Roll Ups Water
Snack 5PM	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water	Homemade Snack Water

