

	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Cinnamon 'Craisin Oatmeal Oatmeal Cinnamon 'Craisins Brown Sugar Fresh Organic Fruit Organic Milk	Wheat Toast w/ Butter Yogurt Fresh Organic Fruit Organic Milk	Oatmeal 'Craisin Bars Oatmeal & 'Craisins Brown Sugar & Agave Organic Butter Whole Wheat Flour Egg Replacement Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Turkey Pita Sandwich Pita Bread Sliced Turkey Sliced Cheese Organic Spinach Fresh Organic Fruit Organic Milk	Meatloaf Ground Turkey Homemade Breadcrumbs Ketchup Organic Vegetable Fresh Organic Fruit Organic Milk	Teriyaki Chicken Diced Organic Chicken Wheat Spaghetti Noodles Homemade Teriyaki Sauce Green Beans & Cauliflower Fresh Organic Fruit Organic Milk	Chicken & Veggie Skillet Organic Chicken Wheat Pasta Organics Peas Heavy Cream Parmesan Cheese Fresh Organic Fruit Organic Milk	Quesadillas Cheddar Jack Cheese Spinach Tortilla Taco Seasoning Onions Organic Butter Fresh Organic Fruit Organic Milk
Mini Meal 3PM	Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water	Chicken Salad & Triscuits Shredded Organic Chicken Celery Greek Yogurt Water	Cheese Flatbread Tortilla Wedges Baked with Mozzarella & Parmesan Cheeses Marinara Dipping Sauce Water	Homemade Pickles & Cheese Slices Pretzel Crisps Water	DIY Snack Board Sliced Turkey/Chicken Wheat Crackers Pretzel Crisps Variety Cheese Water
	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 1
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Pancakes Homemade Whole Wheat Pancake Mix Milk Organic Maple Syrup Fresh Organic Fruit Organic Milk	Carrot Cake Oatmeal Oatmeal Carrots 'Craisins Brown Sugar Fresh Organic Fruit Organic Milk	Homemade Oat Bars Old Fashioned Oats Organic Agave & Butter Vanilla Egg Replacement Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Sliced Turkey Subs Sliced Turkey Cheese Slices Wheat Mini Sub Bun Fresh Organic Vegetables Fresh Organic Fruits Water	Chicken Mex Mac-N-Cheese Organic Chicken Wheat Pasta Shredded Cheddar Jack & Cottage Cheese Fajita Seasoning Parmesan Cheese Organic Vegetable Fresh Organic Fruit Organic Milk	Southwest Turkey Pasta Ground Turkey Pasta Sauce Yellow Onion Organic Cheddar Jack Organic Mixed Vegetables Fresh Organic Fruit Organic Milk	Chicken, Garlic & Spinach Pasta Organic Chicken Wheat Pasta Organic Spinach Minced Garlic Cream Cheese Organic Whole Milk & Butter Fresh Organic Fruit Organic Milk	Grilled Cheese Cheese Whole Wheat Bread Organic Butter Organic Vegetables Fresh Organic Fruit Organic Milk
Mini Meal 3PM	Wheat Crackers & Cheese Spread Wheat Crackers Cream Cheese Diced Deli Turkey Worcestershire Garlic and Dill Water	Pinwheel Sandwiches Sliced Turkey Cream Cheese Rolled in Tortilla Water	Cottage Cheese & Fruit Wheat Crackers Water	Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water	Wheat Crackers & Organic Cucumbers Hummus Dip Water

