

	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Cinnamon 'Craisin Oatmeal Oatmeal Cinnamon 'Craisins Brown Sugar Fresh Organic Fruit Organic Milk	Wheat Toast w/ Butter Yogurt Fresh Organic Fruit Organic Milk	Oatmeal 'Craisin Bars Oatmeal & 'Craisins Brown Sugar & Agave Organic Butter Whole Wheat Flour Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Turkey Pita Sandwich Pita Bread Sliced Turkey Sliced Cheese Organic Spinach Fresh Organic Fruit Organic Milk	Meatloaf Ground Turkey Homemade Breadcrumbs Ketchup Organic Vegetable Fresh Organic Fruit Organic Milk	Teriyaki Chicken Diced Organic Chicken Wheat Spaghetti Noodles Homemade Teriyaki Sauce Green Beans & Cauliflower Fresh Organic Fruit Organic Milk	Chicken & Veggie Skillet Organic Chicken Wheat Pasta Organics Peas Heavy Cream Parmesan Cheese Fresh Organic Fruit Organic Milk	Quesadillas Cheddar Jack Cheese Spinach Tortilla Taco Seasoning Onions Organic Butter Fresh Organic Fruit Organic Milk
Mini Meal 3PM	Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water	Chicken Salad & Triscuits Shredded Organic Chicken Greek Yogurt Fresh Organic Fruit Water	Cheese Flatbread Tortilla Wedges Baked with Mozzarella & Parmesan Cheeses Marinara Dipping Sauce Fresh Organic Veggie Water	Homemade Pickles & Cheese Slices Pretzel Crisps Water	DIY Snack Board Sliced Turkey Pretzel Crisps Variety Cheese Fresh Organic Fruit Water
	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Pancakes Homemade Whole Wheat Pancake Mix Greek Yogurt & Milk Organic Maple Syrup Fresh Organic Fruit Organic Milk	Carrot Cake Oatmeal Oatmeal Grated Carrots 'Craisins Brown Sugar Fresh Organic Fruit Organic Milk	Homemade Oat Bars Old Fashioned Oats Organic Agave & Butter Vanilla Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Sliced Turkey Subs Sliced Turkey Cheese Slices Wheat Mini Sub Bun Fresh Organic Vegetables Fresh Organic Fruits Water	Chicken Mex Mac-N-Cheese Organic Chicken Wheat Pasta Shredded Cheddar Jack & Cottage Cheese Fajita Seasoning Parmesan Cheese Organic Vegetable Fresh Organic Fruit Organic Milk	Southwest Turkey Pasta Ground Turkey Pasta Sauce Yellow Onion Organic Cheddar Jack Organic Mixed Vegetables Fresh Organic Fruit Organic Milk	Chicken, Garlic & Spinach Pasta Organic Chicken Wheat Pasta Organic Spinach Minced Garlic Cream Cheese Organic Whole Milk & Butter Fresh Organic Fruit Organic Milk	Grilled Cheese Cheese Whole Wheat Bread Organic Butter Organic Vegetables Fresh Organic Fruit Organic Milk
Mini Meal 3PM	Wheat Crackers & Cheese Spread Cream Cheese Diced Deli Turkey Worcestershire Garlic and Dill Fresh Organic Fruit Water	Pinwheel Sandwiches Sliced Turkey Cream Cheese Rolled in Tortilla Fresh Organic Veggie Water	Cottage Cheese & Fruit Wheat Crackers Water	Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water	Wheat Crackers & Organic Cucumbers Hummus Dip Water

