

	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
<b>Breakfast 8:30AM</b>	<b>Cereal</b> Fresh Organic Fruit Organic Milk	<b>Cinnamon 'Craisin Oatmeal</b> Oatmeal Cinnamon 'Craisins Brown Sugar Fresh Organic Fruit Organic Milk	<b>Wheat Toast w/ Butter Yogurt</b> Fresh Organic Fruit Organic Milk	<b>Oatmeal 'Craisin Bars</b> Oatmeal & 'Craisins Brown Sugar & Agave Organic Butter Whole Wheat Flour Fresh Organic Fruit Organic Milk	<b>Cereal</b> Fresh Organic Fruit Organic Milk
<b>Snack 10AM</b>	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
<b>Lunch 11:30AM</b>	<b>Turkey Pita Sandwich</b> Pita Bread Sliced Turkey Sliced Cheese Organic Spinach Fresh Organic Fruit Organic Milk	<b>Meatloaf</b> Ground Turkey Homemade Breadcrumbs Ketchup Organic Vegetable Fresh Organic Fruit Organic Milk	<b>Teriyaki Chicken</b> Diced Organic Chicken Wheat Spaghetti Noodles Homemade Teriyaki Sauce Green Beans & Cauliflower Fresh Organic Fruit Organic Milk	<b>Cream of Broccoli &amp; Chicken Soup</b> Organic Chicken Rice Organic Chicken Stock Organic Broccoli & Celery Whole Wheat Multigrain Bread Fresh Organic Fruit Organic Milk	<b>Quesadillas</b> Cheddar Jack Cheese Spinach Tortilla Taco Seasoning Onions Organic Butter Fresh Organic Fruit Organic Milk
<b>Mini Meal 3PM</b>	<b>Strawberry &amp; Cream Cheese Roll Ups</b> Strawberry Preserves Cream Cheese Tortilla Water	<b>Chicken Salad &amp; Triscuits</b> Shredded Organic Chicken Greek Yogurt Fresh Organic Fruit Water	<b>Cheese Flatbread</b> Tortilla Wedges Baked with Mozzarella & Parmesan Cheeses Marinara Dipping Sauce Fresh Organic Veggie Water	<b>Homemade Pickles &amp; Cheese Slices</b> Pretzel Crisps Water	<b>DIY Snack Board</b> Sliced Turkey Pretzel Crisps Variety Cheese Fresh Organic Fruit Water
	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
<b>Breakfast 8:30AM</b>	<b>Cereal</b> Fresh Organic Fruit Organic Milk	<b>Carrot Cake Oatmeal</b> Oatmeal Grated Carrots 'Craisins Brown Sugar Fresh Organic Fruit Organic Milk	<b>Pancakes</b> Homemade Whole Wheat Pancake Mix Greek Yogurt & Milk Organic Maple Syrup Fresh Organic Fruit Organic Milk	<b>Homemade Oat Bars</b> Old Fashioned Oats Organic Agave & Butter Vanilla Fresh Organic Fruit Organic Milk	<b>Cereal</b> Fresh Organic Fruit Organic Milk
<b>Snack 10AM</b>	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
<b>Lunch 11:30AM</b>	<b>Sliced Turkey Subs</b> Sliced Turkey Cheese Slices Wheat Mini Sub Bun Fresh Organic Vegetables Fresh Organic Fruits Water	<b>Chicken Mex Mac-N-Cheese</b> Organic Chicken Wheat Pasta Shredded Cheddar Jack & Cottage Cheese Fajita Seasoning Parmesan Cheese Organic Vegetable Fresh Organic Fruit Organic Milk	<b>Turkey Tomato Soup</b> Ground Turkey & Rice Pasta Sauce Organic Chicken Stock Cream Cheese Organic Mixed Vegetables Whole Wheat Multigrain Bread Fresh Organic Fruit Organic Milk	<b>Chicken, Garlic &amp; Spinach Pasta</b> Organic Chicken Wheat Pasta Organic Spinach Minced Garlic Cream Cheese Organic Whole Milk & Butter Fresh Organic Fruit Organic Milk	<b>Grilled Cheese</b> Cheese Whole Wheat Bread Organic Butter Organic Vegetables Fresh Organic Fruit Organic Milk
<b>Mini Meal 3PM</b>	<b>Wheat Crackers &amp; Cheese Spread</b> Cream Cheese Diced Deli Turkey Worcestershire Garlic and Dill Fresh Organic Fruit Water	<b>Pinwheel Sandwiches</b> Sliced Turkey Cream Cheese Rolled in Tortilla Fresh Organic Veggie Water	<b>Cottage Cheese &amp; Fruit</b> Wheat Crackers Water	<b>Strawberry &amp; Cream Cheese Roll Ups</b> Strawberry Preserves Cream Cheese Tortilla Water	<b>Wheat Crackers &amp; Organic Cucumbers</b> Hummus Dip Water