

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Plum Bars Oatmeal Brown Sugar Wheat Flour & Butter Prunes Agave Fresh Organic Fruit Organic Milk	Wheat Toast w/ Butter Yogurt Fresh Organic Fruit Organic Milk	Oatmeal 'Craisin Bars Oatmeal & 'Craisins Brown Sugar & Agave Organic Butter Whole Wheat Flour Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Turkey Pita Sandwich Pita Bread Sliced Turkey Sliced Cheese Organic Spinach Fresh Organic Fruit Organic Milk	Spinach Spaghetti Organic Spaghetti Ground Turkey Pasta Organic Spinach Organic Marinara Sauce Parmesan Cheese Fresh Organic Fruit Organic Milk	Cheesy Turkey & Rice Ground Turkey Organic Butter & Heavy Cream Cheddar Jack & Parmesan Cheese Organic Mixed Vegetables & Fresh Organic Fruit Organic Milk	Chicken Noodle Soup Organic Chicken Organic Chicken Stock Organic Carrots Organic Celery Pasta Whole Wheat Multigrain Bread Fresh Organic Fruit Organic Milk	Cheese Mostaccioli Pasta Organic Marinara Mozzarella Cheese Fresh Organic Fruit Organic Vegetables Organic Milk
Mini Meal 3PM	Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water	Chicken Salad & Triscuits Shredded Organic Chicken Greek Yogurt Fresh Organic Fruit Water	Cheese Flatbread Tortilla Wedges Baked with Mozzarella & Parmesan Cheeses Marinara Dipping Sauce Fresh Organic Veggie Water	Wheat Crackers & Organic Cucumbers Hummus Dip Water	DIY Snack Board Sliced Turkey/Chicken Pretzel Crisps Variety Cheese Fresh Organic Fruit Water
	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Breakfast 8:30AM	Cereal Fresh Organic Fruit Organic Milk	Pancakes Homemade Whole Wheat Pancake Mix Greek Yogurt & Milk Organic Maple Syrup Fresh Organic Fruit Organic Milk	Carrot Cake Oatmeal Oatmeal Grated Carrots 'Craisins Brown Sugar Fresh Organic Fruit Organic Milk	Homemade Oat Bars Old Fashioned Oats Organic Agave Organic Butter Vanilla Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30AM	Sliced Turkey Subs Sliced Turkey Cheese Slices Wheat Mini Sub Bun Organic Vegetables Fresh Organic Fruit Organic Milk	Sloppy Joes Ground Turkey Homemade BBQ Sauce Wheat Bun Organic Vegetables Fresh Organic Fruit Organic Milk	Chicken Ranch Couscous Organic Chicken Wheat Couscous Organics Peas Homemade Ranch Fresh Organic Fruit Organic Milk	Couscous Turkey & Vegetable Soup Ground Turkey & Thyme Organic Chicken Stock Couscous Organic Mixed Vegetables Whole Wheat Multigrain Bread Fresh Organic Fruit Organic Milk	Homemade Mac & Cheese Pasta Heavy Cream Cheddar Jack & Parmesan Cheese Organic Vegetables Fresh Organic Fruit Organic Milk
Mini Meal 3PM	Wheat Crackers & Cheese Spread Cream Cheese Diced Deli Turkey Worcestershire Garlic and Dill Fresh Organic Fruit Water	Pinwheel Sandwiches Sliced Turkey Cream Cheese Rolled in Tortilla Fresh Organic Veggie Water	Cottage Cheese & Fruit Wheat Crackers Water	Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water	Homemade Pickles & Cheese Slices Pretzel Crisps Water

