

	Monday 27	Tuesday 28	Wednesday 1	Thursday 2	Friday 3
<b>Breakfast 8:30AM</b>	<b>Cereal</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Oatmeal 'Craisin Bars</b> Oatmeal & 'Craisins Brown Sugar & Agave Organic Butter Whole Wheat Flour <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Wheat Toast w/ Butter</b> <b>Yogurt</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Cereal</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Banana Oat Bars</b> Oatmeal Bananas Agave Brown Sugar Butter Flour <b>Organic Milk</b>
<b>Snack 10AM</b>	<b>Fresh Organic Fruit</b> <b>Water</b>	<b>Fresh Organic Fruit</b> <b>Water</b>	<b>Fresh Organic Fruit</b> <b>Water</b>	<b>Fresh Organic Fruit</b> <b>Water</b>	<b>Fresh Organic Fruit</b> <b>Water</b>
<b>Lunch 11:30AM</b>	<b>Turkey Pita Sandwich</b> Pita Bread Sliced Turkey Sliced Cheese Organic Spinach <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Meatloaf</b> Ground Turkey Homemade Breadcrumbs Ketchup <b>Organic Vegetable</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Teriyaki Chicken</b> Diced Organic Chicken Wheat Spaghetti Noodles Homemade Teriyaki Sauce Green Beans & Cauliflower <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Cream of Broccoli &amp; Chicken Soup</b> Organic Chicken Rice Organic Chicken Stock Organic Broccoli & Heavy Cream <b>Whole Wheat</b> <b>Multigrain Bread</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Quesadillas</b> Cheddar Jack Cheese Spinach Tortillas Taco Seasoning Onions Organic Butter <b>Fresh Organic Fruit</b> <b>Organic Milk</b>
<b>Mini Meal 3PM</b>	<b>Strawberry &amp; Cream Cheese Roll Ups</b> Strawberry Preserves Cream Cheese Tortilla <b>Water</b>	<b>Chicken Salad &amp; Triscuits</b> Shredded Organic Chicken Greek Yogurt <b>Fresh Organic Fruit</b> <b>Water</b>	<b>Trail Mix</b> Veggie Crisps Cheerios Craisins <b>Cheese Slices</b> <b>Fresh Organic Fruit</b> <b>Water</b>	<b>DIY Snack Board</b> Sliced Turkey Pretzel Crisps Variety Cheese <b>Fresh Organic Fruit</b> <b>Water</b>	<b>Homemade Pickles &amp; Cheese Slices</b> <b>Pretzel Crisps</b> <b>Water</b>
	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
<b>Breakfast 8:30AM</b>	<b>Cereal</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Homemade Oat Bars</b> Old Fashioned Oats Organic Agave & Butter Vanilla <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Pancakes</b> Homemade Whole Wheat Pancake Mix Greek Yogurt & Milk <b>Organic Maple Syrup</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Banana Oat Bars</b> Oatmeal Bananas Agave Brown Sugar Butter <b>Organic Milk</b>	<b>Cereal</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>
<b>Snack 10AM</b>	<b>Fresh Organic Fruit</b> <b>Water</b>	<b>Fresh Organic Fruit</b> <b>Water</b>	<b>Fresh Organic Fruit</b> <b>Water</b>	<b>Fresh Organic Fruit</b> <b>Water</b>	<b>Fresh Organic Fruit</b> <b>Water</b>
<b>Lunch 11:30AM</b>	<b>Sliced Turkey Subs</b> Sliced Turkey Cheese Slices Wheat Mini Sub Bun <b>Fresh Organic Vegetables</b> <b>Fresh Organic Fruits</b> <b>Water</b>	<b>Chicken Mex Mac-N-Cheese</b> Organic Chicken Wheat Pasta Shredded Cheddar Jack & Cottage Cheese Fajita Seasoning Parmesan Cheese <b>Organic Vegetable</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Turkey Tomato Pasta</b> Ground Turkey Wheat Pasta Pasta Sauce Cream Cheese Organic Mixed Vegetables <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Chicken, Garlic &amp; Spinach Pasta</b> Organic Chicken Wheat Pasta Organic Spinach Minced Garlic Cream Cheese Organic Whole Milk & Butter <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Grilled Cheese</b> Cheese Whole Wheat Bread Organic Butter <b>Organic Vegetables</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>
<b>Mini Meal 3PM</b>	<b>Cottage Cheese &amp; Fruit</b> <b>Wheat Crackers</b> <b>Water</b>	<b>Pinwheel Sandwiches</b> Sliced Turkey Cream Cheese Rolled in Tortilla <b>Fresh Organic Veggie</b> <b>Water</b>	<b>Wheat Crackers &amp; Cheese Spread</b> Cream Cheese Diced Deli Turkey Worcestershire Garlic and Dill <b>Fresh Organic Fruit</b> <b>Water</b>	<b>Strawberry &amp; Cream Cheese Roll Ups</b> Strawberry Preserves Cream Cheese Tortilla <b>Water</b>	<b>Wheat Crackers &amp; Organic Cucumbers</b> <b>Hummus Dip</b> <b>Water</b>

