
THE LEARNING TREE

THE LEARNING TREE IS A PRESCHOOL THAT NURTURES THE MIND, BODY, AND SPIRIT OF YOUR CHILD.



IN THE APRIL ISSUE

Earth Day • Teaching a Green Lifestyle
St. Patrick's Day • Garden Resident Experts

and more!

LT CELEBRATES EARTH DAY EVERYDAY!

Earth Day is April 22nd, we want to share how The Learning Tree celebrates Earth Day, everyday!

Our teachers and admin team are very passionate about being green! From little to no plastics inside our classrooms, cloth napkins, real dishes, a full garden, green cleaning products, ZONO sanitization systems, Young Living essential oil diffusers, Air Purifiers... our list of eco-friendly features and benefits goes on and on!

We love teaching children young about the importance of living a healthy and green lifestyle and allowing being eco-friendly and eco-healthy be apart of their growth!

For the week of April 17th, our teachers are working hard to plan a lesson plan with the theme "Everyday is Earth Day"

On Friday, April 21st stay tuned for a special surprise during pick up to celebrate Earth Day!

**SPRING CELEBRATIONS ARE THIS WEEK
FROM 9:30-11:00AM!**

SL: April 3rd
North: April 4th
South: April 5th
West: April 6th
Howell: April 7th

Investing in Our Teachers

LT GARDEN RESIDENT EXPERTS

Did you know we have Gardens at EVERY center and we have teachers who specialize as our Garden Resident Experts?!

OUR GARDEN RESIDENT EXPERTS MANAGE:

Planting organic seeds, starting inside the classroom

Transplanting to the garden beds at the center

Watering regularly, and encouraging other classrooms to help water

Harvesting

Passing out to classrooms for cooking projects

The garden provides young people with the valuable opportunity to learn through direct observation, exploration, and experimentation. We optimize the learning power of the garden when our lesson plans and activities support students in exploring and experiencing the garden classroom through their direct experiences.



EARTH DAY COUNTDOWN:

20 DAYS!





ST. PATRICK'S DAY!




**ST. PATRICK'S DAY
LEPRCHAUN TRAPS!**

Last month, we had a leprechaun trap contest and all our teachers and children did such an amazing job creating their traps and creating a weekly lesson plan all about St. Patrick's Day! We are happy to share with you our winners!!

- NORTH: TODDLER 2!
- WEST: TPS!
- SOUTH: INFANT 2!
- SOUTH LYON: PRE-K!
- HOWELL: INFANT 2!





GARDENING AT HOME WITH YOUR CHILDREN!



3 TIPS TO TRY AT HOME WITH YOUR CHILDREN:

MAKE IT HANDS-ON:

Many children are motivated to learn about the world around them through first-hand experience. Sometimes, the best education we can deliver is accomplished simply by providing our students with the space and support to learn through their own exploration of outdoor learning environments. research indicates that hands-on learning experiences help children to develop enduring bonds with nature that support an ethic of environmental stewardship and leadership later in life. By emphasizing hands-on, immersive, project-based learning in the garden, you will make the most of your dynamic outdoor learning environment.



ENGAGE THE SENSES:

Sensory experiences in the garden create rich memories that can support a lifelong affection for good food and time spent in nature. Gardens are incredible places to develop sensory awareness—whether it is the feeling of gritty, sun-warmed soil on your outstretched hands, the sweet aroma of freshly harvested fennel, the graceful beauty of a Red-tailed Hawk circling overhead, the sweet burst of flavor from a Sun Gold tomato just plucked from the vine, or the sound of wind moving through tall grass. It is through these impactful sensory experiences that children will deepen their connection to their garden and to nature and food.

CULTIVATE A SENSE OF PLACE:

Cultivating a sense of place is a key—and sometimes underestimated— component of a successful garden-based education program. As educators, we can become so preoccupied by lesson plans, planned activities and other programming that we lose sight of the essential relationship to be cultivated between our students and the garden itself. The emotional bond that young people form with the garden and the garden community will provide fertile ground for deep learning and connection. If you can help your students feel that the garden is their garden, their place, your program will truly thrive. As empowered caretakers of the garden, children gain a sense of place as well as a sense of purpose as they grow food throughout the season.



Teaching a
Green Lifestyle

Everything Earth Day

LT CELEBRATES EARTH DAY EVERYDAY!



ZONO!

Did you know...the ZONO is eco-friendly?! We have a ZONO machine in all five of our locations and we truly couldn't be happier with how safe they keep our centers.

The ZONO kills 99.99% of common viruses on non-porous surfaces and 99.9% of common bacteria on nonporous and semi porous surfaces. The ZONO is very eco-friendly by utilizing a combination of process control, ozone concentration, humidity and time to achieve consistent and U.S laboratory confirmed disinfection and sanitization levels.

Plants in EVERY Classroom!

Did you know... we have plants in every classroom?! Each one of our classrooms at all five of our locations have plants inside their rooms. Not only do we love having plants in our classroom to create a green environment studies have shown that having plants in classrooms can actually improve concentration, memory and reduce stress!

Here are 5 reasons why we love having plants in our classrooms:

- Plants freshen the air and remove pollutants
- Plants improve wellbeing
- Plants raise environmental consciousness
- Plants make for a great lesson subject
- Plants encourage responsibility

There are so many benefits of growing plants in your room and we tried to pick out the most important ones just to show you how great they are for you, the children and learning!



Young Living Essential Oils

Each classroom and lobbies at our centers all have a essential oil diffuser where we use our Young Living essential oils. Using essential oils in a classroom can reduce undesirable behavior, calm children, clear unpleasant odors, boost mood, sharpen mental focus, and so much more.

Young Living Oils are an all green and eco-friendly essential oil. They are oils harvested from plants, herbs and trees that are carefully steam distilled or cold pressed. These pure, precious oils are more potent than the botanicals from where they're extracted and contain powerful, concentrated health and wellness benefits.

New Recipe to try at home!

& NUTRITION TIP FROM SARAH



Plum Crisp

INGREDIENTS

- 1/3 cup cold butter
- 1 cup rolled oats
- 1 tablespoon cinnamon (or to taste)
- 3 plums
- 1 teaspoon molasses (or to taste)

DIRECTIONS

Preheat the oven to 350 degrees

Cut the butter into the oats sprinkle in the cinnamon.

In a small bowl, de-stone and crush the plums. Add the molasses and stir to coat.

Layer the plum mixture on the bottom of 4 ramekins (or bake in a 9x9 dish) and top with oat topping. Press down lightly but firmly to set the top.

Bake 10-12 minutes until juices are bubbling and oats are golden brown.

TIP FROM SARAH

I wanted to create a post for you today with a little reminder that EVERY body is a GOOD body, and no matter what size or shape of body your child is living in right now, they deserve to be fed the same way. They also need you to remind them about how they are perfect just the way they are, and that as long as they trust their body, it will do exactly what it needs to.

REGARDLESS OF SIZE OR SHAPE ALL KIDS NEED:

- Regular eating opportunities every 2-3 hours
- Family meals whenever possible
- The freedom of choosing if and how much they eat at any given eating opportunity
- For the kitchen to be closed in between meals and snacks
- No comments about weight, size or shape
- No diet talk or restrictive eating practices at home

If your child lives in a

SMALLER BODY

- Prioritize family meals
- Serve a variety of foods
- Don't label foods as "good" or "bad"
- Don't restrict portions at meals/snacks
- Encourage listening to their body and trusting it
- Do not comment on weight or size



LARGER BODY

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@sarahremmer X The Learning Tree

New on the Blog

Recent Posts



Surprising Nutrition Tips to Help Your Child's Brain Health

We all know that the brain is an extremely important organ. It's the one organ that is involved in every aspect of your child's body including their vital systems (cardiovascular, respiratory, immune and hormone). There are so many things that impact brain development and brain health throughout our child's life, but proper nourishment is a key factor at all stages! Getting the right balance of essential nutrients is especially important when the brain is rapidly growing and developing in early childhood.

[Read More](#)

Recycled Crayons! Ms. Emily LT Howell!

Here at The Learning Tree, we celebrate Earth Day everyday by living and teaching a green lifestyle. Our teachers create lesson plans that follow our core values and we are excited to share with you a special project Ms. Emily from Learning Tree-Howell has been doing.

Check out our blog to learn more and to try Ms. Emily's recycled crayon project at home!

[Read More](#)



Early Childhood Educators are VALUABLE!

Early childhood educators are the building blocks of learning. ECE teachers help lay the foundation for education and discovery, for the rest of a child's life. Research shows that without early education, children are likely to fall behind throughout their academic careers.

[Read More](#)

Celebrating Our Team!

MONTHLY BIRTHDAYS & ANNIVERSARIES



We are so lucky to have such an amazing team and we would love to give a special shout out to our teachers celebrating birthdays and anniversaries this month!

Happy Birthday!

Lee: Regional Team 4/1
Andrea: Regional Team 4/25
Crystal: LT Howell 4/12
Kelsey: LT North 4/3
April: LT North 4/13
Shannon: LT North 4/29
Amanda: LT South Lyon 4/5
Amber: LT South 4/30
Erin: LT West 4/25

Happy Anniversary!

Randi: LT Howell 8 Years!
Emily: LT Howell 1 Year!
Anaya: LT North 1 Year!
Sarah: LT North 2 Years!
Mikaylia: LT West 3 Years!

Happy Birthday & Happy Anniversary!

Why Families **LOVE** LT!

Highly recommend!!! Menu allows my picky kiddo to try healthy new choices! Great cuticular activities for each age.

Love love love the staff!!!

Absolute trust, being away from our children can be stressful and they make it look easy. I am a past employee and currently have a child enrolled. I truly support the level of care provided. It's not just a daycare, she is excited to go to "school" everyday!

-Colleen K.



I have only had excellent experiences at learning tree. The staff is extremely friendly and helpful. The classrooms are clean and have lots of activity stations for the kids. They provide great meals and also have a huge playground with lots of room for the kids to run and play. The teachers are great and invest a lot of time into the kids. My kids are learning something new every day.

-Nicholas R.



Being a first time mom, I was extremely nervous about sending our daughter to daycare. From day one, her teachers have been SO informative and loving. Specifically, Ms. Bailey and Ms. Paula. They send updates/pictures all day long through the app and also share a detailed lesson plan for the week!

They are so receptive of our requests and happily give us daily updates. My husband and I could not be happier with our decision to entrust The Learning Tree West with our daughter.

-Rachel K.



The Learning Tree has been incredible for our family. They are reliable and provide updates throughout the day. The food is phenomenal and the cleaning practices are second to none. The entire staff is friendly and welcoming. Specifically, Anaya impresses us with her joyous attitude. While our son was in her class, she was able to calm him during drop off and he always made sure to say bye to her before leaving. Now that he is out of his class, he always smiles and says hi whenever he sees her. We look forward to our younger son joining her class!

-Becky E.



CONTACT US

Livonia - North

LivoniaNorth@learningtreechildcare.com

734-261-1951



Livonia - South

LivoniaSouth@learningtreechildcare.com

734-525-6369



Livonia - West

LivoniaWest@learningtreechildcare.com

734-953-5708



South Lyon

SouthLyon@learningtreechildcare.com

248-446-8791



Howell

Howell@learningtreechildcare.com

517-545-3440

