

| | Monday 5 | Tuesday 6 | Wednesday 7 | Thursday 8 | Friday 9 |
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| Breakfast 8:30AM | Cereal Fresh Organic Fruit Organic Milk | Oatmeal 'Craisin Bars Oatmeal & 'Craisins Brown Sugar & Agave Organic Butter Whole Wheat Flour Fresh Organic Fruit Organic Milk | Wheat Toast w/ Butter Yogurt Fresh Organic Fruit Organic Milk | Cereal Fresh Organic Fruit Organic Milk | Banana Bread Bars Oatmeal Bananas & Agave Brown Sugar Butter Whole Wheat Flour Fresh Organic Fruit Organic Milk |
| Snack 10AM | Fresh Organic Fruit Water | Fresh Organic Fruit Water | Fresh Organic Fruit Water | Fresh Organic Fruit Water | Fresh Organic Fruit Water |
| Lunch 11:30AM | Turkey Pita Sandwich Pita Bread Sliced Turkey Sliced Cheese Organic Spinach Fresh Organic Fruit Organic Milk | Spinach Spaghetti Organic Spaghetti Ground Turkey Pasta Organic Spinach Organic Marinara Sauce Parmesan Cheese Fresh Organic Fruit Organic Milk | Chicken Stir Fry Diced Organic Chicken Couscous Organic Normandy Vegetables Homemade Teriyaki Sauce Fresh Organic Fruit Organic Milk | Cheesy Turkey & Rice Ground Turkey Organic Butter & Heavy Cream Cheddar Jack & Parmesan Cheese Organic Mixed Vegetables Fresh Organic Fruit Organic Milk | Cheese Mostaccioli Pasta Organic Marinara Mozzarella Cheese Fresh Organic Fruit Organic Vegetable Organic Milk |
| Mini Meal 3PM | Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water | Chicken Salad & Triscuits Shredded Organic Chicken Greek Yogurt Fresh Organic Fruit Water | Trail Mix Veggie Crisps Cheerios Craisins Cheese Slices Fresh Organic Veggie Water | DIY Snack Board Sliced Turkey Pretzel Crisps Variety Cheese Fresh Organic Fruit Water | Homemade Pickles & Cheese Slices Pretzel Crisps Water |
| | Monday 12 | Tuesday 13 | Wednesday 14 | Thursday 15 | Friday 16 |
| Breakfast 8:30AM | Cereal Fresh Organic Fruit Organic Milk | Homemade Oat Bars Old Fashioned Oats Organic Agave & Butter Vanilla Fresh Organic Fruit Organic Milk | Pancakes Homemade Whole Wheat Pancake Mix Greek Yogurt & Milk Organic Maple Syrup Fresh Organic Fruit Organic Milk | Banana Bread Bars Oatmeal Bananas & Agave Brown Sugar Butter Whole Wheat Flour Fresh Organic Fruit Organic Milk | Cereal Fresh Organic Fruit Organic Milk |
| Snack 10AM | Fresh Organic Fruit Water | Fresh Organic Fruit Water | Fresh Organic Fruit Water | Fresh Organic Fruit Water | Fresh Organic Fruit Water |
| Lunch 11:30AM | Sliced Turkey Subs Sliced Turkey Cheese Slices Wheat Mini Sub Bun Organic Vegetable Fresh Organic Fruit Organic Milk | Sloppy Joes Ground Turkey Homemade BBQ Sauce Wheat Bun Organic Vegetable Fresh Organic Fruit Organic Milk | Chicken Ranch Couscous Organic Chicken Wheat Couscous Organics Peas Homemade Ranch Fresh Organic Fruit Organic Milk | Turkey Stroganoff Ground Turkey Pasta Greek yogurt Sour cream Parmesan cheese Garlic and Onion Organic Vegetable Fresh Organic Fruit Organic Milk | Homemade Mac & Cheese Pasta Heavy Cream Cheddar Jack & Parmesan Cheese Organic Vegetable Fresh Organic Fruit Organic Milk |
| Mini Meal 3PM | Cottage Cheese & Fruit Wheat Crackers Water | Pinwheel Sandwiches Sliced Turkey Cream Cheese Rolled in Tortilla Fresh Organic Veggie Water | Wheat Crackers & Cheese Spread Cream Cheese Diced Deli Turkey Worcestershire Garlic and Dill Fresh Organic Fruit Water | Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water | Wheat Crackers & Organic Cucumbers Hummus Dip Water |