

Center Menu 1

January 29th-February 12th

	Monday 29	Tuesday 30	Wednesday 31	Thursday 1	Friday 2
Breakfast 8:30 AM	Cereal Fresh Organic Fruit Organic Milk	Oatmeal 'Craisin Bars Oatmeal & 'Craisins Brown Sugar & Agave Organic Butter Whole Wheat Flour Fresh Organic Fruit Organic Milk	Wheat Toast w/ Butter Yogurt Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk	Banana Bread Bars Oatmeal Bananas & Agave Brown Sugar Butter Whole Wheat Flour Organic Milk
Snack 10 AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30 AM	Turkey Sandwich Wheat Bun Sliced Turkey Sliced Cheese Organic Vegetable Fresh Organic Fruit Organic Milk	Sloppy Joes Ground Turkey Homemade BBQ Sauce Wheat Bun Organic Vegetable Fresh Organic Fruit Organic Milk	Chicken & Veggie Skillet Organic Chicken Wheat Pasta Organics Peas Heavy Cream Parmesan Cheese Fresh Organic Fruit Organic Milk	Creamy Broccoli Soup Organic Chicken Stock Organic Chicken Broccoli Rice Organic Milk Wheat Multigrain Bread Fresh Organic Fruit Organic Milk	Quesadillas Cheddar Jack Cheese Spinach Tortillas Taco Seasoning Onions Organic Butter Fresh Organic Fruit Organic Milk
Mini Meal 3PM	Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water	Trail Mix Veggie Crisps Cheerios Craisins Cheese Slices Fresh Organic Vegetable Water	Chicken Salad & Triscuits Shredded Organic Chicken Greek Yogurt Fresh Organic Fruit Water	DIY Snack Board Sliced Turkey Pretzel Crisps Variety Cheese Fresh Organic Fruit Water	Homemade Pickles & Cheese Slices Wheat Crackers Water
	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Breakfast 8:30 AM	Cereal Fresh Organic Fruit Organic Milk	Homemade Oat Bars Old Fashioned Oats Organic Agave & Butter Vanilla Fresh Organic Fruit Organic Milk	Pancakes Homemade Whole Wheat Pancake Mix Greek Yogurt & Milk Organic Maple Syrup Fresh Organic Fruit Organic Milk	Oatmeal Old Fashioned Oats Brown Sugar Craisens Fresh Organic Fruit Organic milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10 AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30 AM	Chicken, Garlic & Spinach Pasta Organic Chicken Wheat Pasta Organic Spinach Minced Garlic Cream Cheese Organic Whole Milk & Butter Fresh Organic Fruit Organic Milk	Turkey Tomato Soup Organic Chicken Stock Ground Turkey Wheat Pasta Organic Marinara Organic Mixed Vegetables Heavy Cream Wheat Multigrain Bread Fresh Organic Fruit Organic Milk	Cheesy Turkey & Rice Ground Turkey Organic Butter & Heavy Cream Cheddar Jack & Parmesan Cheese Organic Mixed Vegetables Fresh Organic Fruit Organic Milk	Chicken Broccoli Alfredo Organic Chicken Wheat Pasta Heavy Cream Chopped Organic Broccoli Garlic Purée Parmasean Cheese Oregano Fresh Organic Fruit Organic Milk	Grilled Cheese Cheese Whole Wheat Bread Organic Butter Organic Vegetable Fresh Organic Fruit Organic Milk
Mini Meal 3PM	Cottage Cheese & Fruit Wheat Crackers Water	Pinwheel Sandwiches Sliced Turkey Cream Cheese Rolled in Tortilla Fresh Organic Veggie Water	Wheat Crackers & Cheese Spread Cream Cheese Diced Deli Turkey Worcestershire Garlic and Dill Whole Wheat Crackers Fresh Organic Fruit Water	Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water	Pretzel Crisps Organic Cucumbers Hummus Dip Water