

	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Breakfast 8:30 AM	<b>Cereal</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Oatmeal 'Craisin Bars</b> Oatmeal & 'Craisins Brown Sugar & Agave Organic Butter Whole Wheat Flour <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Wheat Toast w/ Butter</b> <b>Yogurt</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Cereal</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Banana Bread Bars</b> Oatmeal Bananas & Agave Brown Sugar Butter Whole Wheat Flour <b>Organic Milk</b>
Snack 10 AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30 AM	<b>Turkey Sandwich</b> Wheat Bun Sliced Turkey Sliced Cheese <b>Organic Vegetable</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Spinach Spaghetti</b> Organic Spaghetti Ground Turkey Organic Spinach Organic Marinara Parmesan Cheese <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Teriyaki Chicken</b> Diced Organic Chicken Wheat Spaghetti Noodles Homemade Teriyaki Sauce Green Beans <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Minestrone</b> Organic Chicken Stock Marinara Chopped Organic Spinach Black Beans Organic Mixed Vegetables Parboiled Rice <b>Whole Wheat Bread</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Homemade Mac &amp; Cheese</b> Pasta Heavy Cream Cheddar Jack & Parmesan Cheese <b>Organic Vegetable</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>
Mini Meal 3PM	<b>Strawberry &amp; Cream</b> <b>Cheese Roll Ups</b> Strawberry Preserves Cream Cheese <b>Tortilla</b> <b>Water</b>	<b>Trail Mix</b> Veggie Crisps Cheerios Craisins <b>Cheese Slices</b> <b>Fresh Organic Veggie</b> <b>Water</b>	<b>Chicken Salad &amp; Triscuits</b> Shredded Organic Chicken Greek Yogurt Sour Cream <b>Fresh Organic Fruit</b> <b>Water</b>	<b>Pizza Dippers</b> Whole Wheat Crackers Organic Marinara Mozzeralla Cheese Diced Deli Turkey <b>Fresh Organic Fruit</b> <b>Water</b>	<b>Homemade Pickles</b> <b>&amp; Cheese Slices</b> <b>Pretzel Crisps</b> <b>Water</b>
	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Breakfast 8:30 AM	<b>Cereal</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Homemade Oat Bars</b> Old Fashioned Oats Organic Agave & Butter Vanilla <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Pancakes</b> Homemade Whole Wheat Pancake Mix Greek Yogurt & Milk <b>Organic Maple Syrup</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Carrot Cake Oatmeal</b> Old Fashioned Oats Grated Carrots Brown Sugar <b>Craisin's</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Cereal</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>
Snack 10 AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30 AM	<b>Taco Bake</b> Seasoned Gr. Turkey Parboiled Rice Jack's Organic Salsa Shredded Cheddar Jack Cheese <b>Tortilla/Sour Cream</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Chicken Noodle Soup</b> Organic Chicken Broth Organic Diced Chicken Whole Wheat Pasta Celery and Carrots <b>Whole Wheat Bread</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Chicken Ranch Couscous</b> Organic Chicken Wheat Couscous Organics Peas Homemade Ranch <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Turkey Stroganoff</b> Whole Wheat Pasta Organic yogurt Sour Cream Organic Ground Turkey <b>Organic Vegetable</b> <b>Fresh Organic Fruit</b> <b>Organic Milk</b>	<b>Cheese Mostaccioli</b> Whole Wheat Pasta Organic Marinara Mozzarella Cheese <b>Fresh Organic Fruit</b> <b>Organic Vegetable</b> <b>Organic Milk</b>
Mini Meal 3PM	<b>Cottage Cheese &amp; Fruit</b> <b>Wheat Crackers</b> <b>Water</b>	<b>Ranch Dip and Veggies</b> Homemade Yogurt Ranch Whole Wheat Crackers Organic Vegetable <b>Water</b>	<b>DIY Snack Board</b> Sliced Turkey Pretzel Crisps Variety Cheese <b>Fresh Organic Fruit</b> <b>Water</b>	<b>Pinwheel Sandwiches</b> Sliced Turkey Cream Cheese Rolled in Tortilla <b>Fresh Organic Fruit</b> <b>Water</b>	<b>Hummus &amp; Veggies</b> Whole Wheat Crackers Organic Cucumbers Hummus Dip <b>Water</b>