

	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Breakfast 8:30 AM	Cereal Fresh Organic Fruit Organic Milk	Oatmeal 'Craisin Bars Oatmeal & 'Craisins Brown Sugar & Agave Organic Butter Whole Wheat Flour Fresh Organic Fruit Organic Milk	Wheat Toast w/ Butter Yogurt Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk	Banana Bread Bars Oatmeal Bananas & Agave Brown Sugar Butter Whole Wheat Flour Organic Milk
Snack 10 AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30 AM	Turkey Sandwich Wheat Bun Sliced Turkey Sliced Cheese Organic Vegetable Fresh Organic Fruit Organic Milk	Spinach Spaghetti Organic Spaghetti Ground Turkey Organic Spinach Organic Marinara Parmesan Cheese Fresh Organic Fruit Organic Milk	Teriyaki Chicken Diced Organic Chicken Wheat Spaghetti Noodles Homemade Teriyaki Sauce Green Beans Fresh Organic Fruit Organic Milk	Chicken Mex Mac-N-Cheese Organic Chicken Wheat Pasta Shredded Cheddar Jack & Cottage Cheese Fajita Seasoning Parmesan Cheese Organic Vegetable Fresh Organic Fruit Organic Milk	Cheese Mostaccioli Whole Wheat Pasta Organic Marinara Mozzarella Cheese Fresh Organic Fruit Organic Vegetable Organic Milk
Mini Meal 3PM	Strawberry & Cream Cheese Roll Ups Strawberry Preserves Cream Cheese Tortilla Water	Trail Mix Veggie Crisps Cheerios Craisins Cheese Slices Fresh Organic Veggie Water	Chicken Salad & Triscuits Shredded Organic Chicken Greek Yogurt Sour Cream Fresh Organic Fruit Water	Pizza Dippers Whole Wheat Crackers Organic Marinara Mozzarella Cheese Diced Deli Turkey Fresh Organic Fruit Water	Homemade Pickles & Cheese Slices Pretzel Crisps Water
	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Breakfast 8:30 AM	Cereal Fresh Organic Fruit Organic Milk	Homemade Oat Bars Old Fashioned Oats Organic Agave & Butter Vanilla Fresh Organic Fruit Organic Milk	Pancakes Homemade Whole Wheat Pancake Mix Greek Yogurt & Milk Organic Maple Syrup Fresh Organic Fruit Organic Milk	Carrot Cake Oatmeal Old Fashioned Oats Grated Carrots Brown Sugar Craisin's Fresh Organic Fruit Organic Milk	Cereal Fresh Organic Fruit Organic Milk
Snack 10 AM	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water	Fresh Organic Fruit Water
Lunch 11:30 AM	Taco Bake Seasoned Gr. Turkey Parboiled Rice Jack's Organic Salsa Shredded Cheddar Jack Cheese Tortilla/Sour Cream Fresh Organic Fruit Organic Milk	Chicken Stir Fry Diced Organic Chicken Couscous Organic Normandy Vegetables Homemade Teriyaki Sauce Fresh Organic Fruit Organic Milk	Chicken & Veggie Skillet Organic Chicken Wheat Pasta Organics Peas Heavy Cream Parmesan Cheese Fresh Organic Fruit Organic Milk	Turkey Stroganoff Whole Wheat Pasta Organic yogurt Sour Cream Organic Ground Turkey Organic Vegetable Fresh Organic Fruit Organic Milk	Homemade Mac & Cheese Pasta Heavy Cream Cheddar Jack & Parmesan Cheese Organic Vegetable Fresh Organic Fruit Organic Milk
Mini Meal 3PM	Cottage Cheese & Fruit Wheat Crackers Water	Ranch Dip and Veggies Homemade Yogurt Ranch Whole Wheat Crackers Organic Vegetable Water	DIY Snack Board Sliced Turkey Pretzel Crisps Variety Cheese Fresh Organic Fruit Water	Pinwheel Sandwiches Sliced Turkey Cream Cheese Rolled in Tortilla Fresh Organic Fruit Water	Hummus & Veggies Whole Wheat Crackers Organic Cucumbers Hummus Dip Water