

WEEK OF JUNE 3RD

	MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
BREAKFAST 8:30 AM	Cereal Fresh organic fruit Organic milk	Oatmeal C'Raisin Bars Oatmeal & C'Raisins Brown sugar & agave Organic butter Whole wheat flour Fresh organic fruit Organic milk	Whole wheat toast w/ butter Yogurt Fresh organic fruit Organic milk	Cereal Fresh organic fruit Organic milk	Banana Bread Bars Oatmeal Bananas & agave Brown sugar Butter Whole wheat flour Organic milk
SNACK 10:00 AM	Fresh organic fruit Water	Fresh organic fruit Water	Fresh organic fruit Water	Fresh organic fruit Water	Fresh organic fruit Water
LUNCH 11:30 AM	Turkey sandwich Wheat bun Sliced turkey Sliced cheese Organic vegetable Fresh organic fruit Organic milk	Spinach Spaghetti Spaghetti noodles Ground turkey Organic spinach Organic marinara Parmesan cheese Fresh organic fruit Organic milk	Chicken Mex Mac-n-Cheese Organic chicken Wheat pasta Shredded cheddar Jack & cottage cheese Fajita seasoning Organic vegetable Fresh organic fruit Organic milk	Teriyaki Chicken Diced organic chicken Spaghetti noodles Homemade teriyaki sauce Green beans Fresh organic fruit Organic milk	Homemade Mac & Cheese Pasta Heavy cream Cheddar Jack & parmesan cheese Organic vegetable Fresh organic fruit Organic milk
MINI MEAL 3:00 PM	Strawberry & crem cheese roll-ups Strawberry preserves Cream cheese Tortilla Water	Trail mix Veggie crisps Cereal C'Raisins Cheese slices Fresh organic veggie Water	Chicken salad & Triscuits Shredded organic chicken Greek yogurt Sour cream Fresh organic fruit Water	Pizza Dippers Wheat crackers Organic marinara Mozzarella cheese Diced deli turkey Fresh organic fruit Water	Homemade pickles & Cheese slices Wheat crackers Water

WEEK OF JUNE 10TH

	MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
BREAKFAST 8:30 AM	Cereal Fresh organic fruit Organic milk	Homemade Oat Bars Old fashioned oats Organic agave & butter Vanilla Fresh organic fruit Organic milk	Pancakes Homemade whole wheat pancake mix Greek yogurt & milk Organic maple syrup Fresh organic fruit Organic milk	Carrot Cake Oatmeal Old fashioned oats Grated carrots C'Raisins Brown sugar Fresh organic fruit Organic milk	Cereal Fresh organic fruit Organic milk
SNACK 10:00 AM	Fresh organic fruit Water	Fresh organic fruit Water	Fresh organic fruit Water	Fresh organic fruit Water	Fresh organic fruit Water
LUNCH 11:30 AM	Cheese Mostaccioli Wheat pasta Organic marinara Mozzarella cheese Fresh organic fruit Organic vegetable Organic milk	Chicken Ranch Couscous Organic chicken Wheat couscous Organic peas Homemade ranch Fresh organic fruit Organic milk	Turkey stroganoff Organic ground turkey Wheat pasta Organic yogurt Sour cream Organic vegetable Fresh organic fruit Organic milk	Chicken, Garlic & Spinach Pasta Organic diced chicken Wheat pasta Organic spinach & minced garlic Cream cheese Organic whole milk & butter Fresh organic fruit Organic milk	Taco bake Seasoned ground turkey Parboiled rice Organic salsa Shredded cheddar Jack cheese Tortilla & Sour cream Fresh organic fruit Organic milk
MINI MEAL 3:00 PM	Cottage cheese & fresh organic fruit Wheat crackers Water	DIY Snack Board Sliced turkey Pretzel crisps Variety of cheese Fresh organic fruit Water	Ranch Dip & Veggies Homemade yogurt ranch Whole wheat crackers Fresh organic veggie Water	Pinwheel sandwiches Sliced turkey Cream cheese Rolled in a tortilla Fresh organic veggie Water	Hummus & Veggies Pretzel crisps Organic cucumbers Hummus Water